

# Lifechem<sup>TM</sup> SGPT (ALT) - DB

## (MODIFIED IFCC – UV KINETIC METHOD)

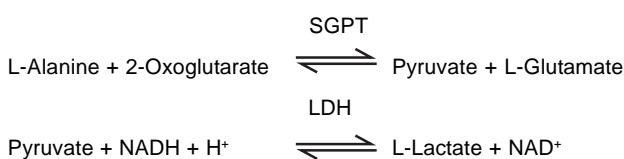
### CLINICAL SIGNIFICANCE:

Serum Glutamate Pyruvate Transaminase (SGPT), also called Alanine Aminotransferase (ALT), belongs to the Transferase class of enzymes. It is found to be distributed mainly in the liver and to a lesser extent in the kidney and muscles. In Hepatitis of different etiologies, SGPT is an important indicator not only in the diagnosis of the ailment but also in assessing the prognosis and progress of the disease. An elevated SGPT level is characteristic of Acute Hepatitis. It is useful to monitor liver function in cases of liver cirrhosis and in alcoholics.

In comparison to the colorimetric, End Point Method of Reitman & Frankel, the Modified IFCC Method is superior in terms of its linearity, specificity, reproducibility and rapidity.

### TEST PRINCIPLE:

SGPT catalyses the transfer of amino groups from L-Alanine to 2-Oxoglutarate. The rate of reaction is monitored using a coupling enzyme Lactate dehydrogenase (LDH), where by the Pyruvate formed is converted to Lactate in the presence of NADH. The Oxidation of NADH is measured by monitoring the decrease in absorbance at 340 nm.



### NORMAL RANGES:

Male : Up to 40 IU/L at 37°C  
Female : Up to 30 IU/L at 37°C

The expected value should be used as a reference only and it is recommended that each laboratory should establish its own normal range.

### KIT CONTENTS

	Code No.	Code No.
	KPT1 (5X10ml)	KPT2 (5X20ml)
Reagent 1 Enzyme reagent	5 x 10 ml	5 x 20 ml
Reagent 2 Buffer solution	50 ml	100 ml

### SPECIMEN:

- Unhemolysed Serum / EDTA Plasma.
- Blood samples may be collected any time, although morning samples are preferred.
- Samples are stable for a week at 2-8°C and for one month at -10°C. Samples should be brought to room temperature prior to use.

### WORKING REAGENT PREPARATION:

#### For 5x10 ml pack size

Reconstitute one vial of Enzyme Reagent (1) with 10 ml of Buffer Solution (2).

#### For 5x20 ml pack size

Reconstitute one vial of Enzyme Reagent (1) first with 10 ml of Buffer Solution (2)

- Mix gently to allow dissolution.
- Finally add 10 ml of Buffer solution (2) to make up the volume to 20 ml.

The working Reagent is stable for atleast 30 days when properly stored at 2-8°C.

### PROCEDURE:

Pipette into test tube as follows:

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Enzyme reagent	1.0 ml
Serum/ Plasma	0.1 mL

Assay temperature 37°C

Mix well and read absorbance against distilled water at 340 nm as follows:

- $A_0$  - Exactly after 1 minute  
 $A_1, A_2, A_3$  - Exactly after every 30 seconds for 1 minute 30 seconds

Calculate the average change in absorbance per minute ( $\Delta A/\text{min}$ )

At 340 nm in IU/L =  $\Delta A/\text{min} \times 1746 \times \text{tf}$

At 334 nm in IU/L =  $\Delta A/\text{min} \times 1780 \times \text{tf}$

At 365 nm in IU/L =  $\Delta A/\text{min} \times 3235 \times \text{tf}$

Temperature conversion factors (tf)

Assay temperature	Temperature Conversion Factor(tf)
25°C	1.82
30°C	1.39
37°C	1.00

### QUALITY CONTROL:

It is recommended to include Assayed Quality control serum (Level I & II) with each assay batch to verify the performance of the procedure. Failure to obtain the proper range of values in the assay of control sera may indicate reagent deterioration, instrument malfunction or procedural errors.

### SYSTEM PARAMETERS:

Reaction type (Mode): Kinetic	Wave length : 340 nm
Flow Cell Temp. : 37°C	Sample volume : 100µl
Reagent volume : 1000µl	Factor : 1746
Delay Time : 60 Sec	Kinetic interval : 30 Sec
No. of Readings : 4	Units : IU/L
Low normal : 0	High normal : 40
Blank : D.Water	Linearity : 450
Abs.Minima : 1.0	Abs.Maxima : —
Reaction direction : Decreasing	

### NOTES:

- Do not leave working reagent at Room Temperature.
- If  $\Delta A/\text{min}$  exceeds 0.26, repeat the test using serum diluted 1:10 with normal saline. Multiply the result with the factor, 10
- Discard the Working Reagent if it shows an initial absorbance below 1.0 against distilled water at 340 nm.
- Highly icteric and lipemic samples have to be diluted with normal saline and the result multiplied with the appropriate dilution factor.
- Hemolysed samples will interfere with the test as RBCs contain high concentrations of SGPT.
- As with all diagnostic procedures, the physician should evaluate data obtained by the use of kit in light of other clinical information.

LINEARITY : 450 IU/L

### BIBLIOGRAPHY:

- IFCC methods for the measurement of catalytic concentrations of enzymes, (1986) J.Clin.Chem.Clin.Biochem24:481.
- Bergmeyer, H,U. et al.Clin.Chem 1978; 24:58-73.
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